KNOW YOURSELF LEADERSHIP FOR ALL

Youth Exchange 13.07.-22.07.2022

Akcakoca, Turkey

JOIN #EYY2022

European Commission announced 2022 to be <u>The European</u> Year of Youth to move forward with confidence and hope in a post-pandemic perspective.

One of the goals is to to encourage all young people, especially those with fewer opportunities, from disadvantaged backgrounds, from rural or remote areas, or belonging to vulnerable groups, to become active citizens and actors of positive change;

MISSION (I'M) POSSIBLE

To become an *actor of positive change*, person needs to have courage to cooperate with others.

For natural leaders it's simple. It also becomes easier after training.

But for people, who couldn't get any chance to get leadership experience for their whole life, it is often impossible. Reasons are different: disabilities, cultural differences, discrimination, social, economic and educational barriers

Many possibilities stay "exclusive" for people with experience.

EVERYBODY IS A LEADER

You are a leader.

Yes, you are. We don't care were you are right now in your life.

Yes, that's right, whatever you are doing with your life, you are welcome to join this program.

We believe that leadership is all around us and that it is happening all the time. How are you leading your life? How are you deciding with your friends what activities to do? How will the decision be made whether you join this program or not? Do you somethings offer advice to others? Do you sometimes help others?

WELCOME TO

"KNOW YOURSELF"

"Know Yourself - leadership for all" Youth Exchange project is right for you, if you want to try out leadership roles in an informal setting with games.

During this project you will be introduced to different kinds of games, simulations and challenges by either other participants or facilitators.

During the activities you can choose to voluntary take on a leadership role and lead your team to success.

Example:

if a team plays volleyball, the leader should understand everybody's strengths and use them to lead the team to "success". Success looks different for every game we will play. That's another side of the project's approach to "inclusive leadership"

APPLICATION DETAILS



APPLICATION

Link to application form: in the end of the infopack

Application deadline:

15.06.2022

EXTENDED TO

19.06.2021

Participants selection:

17.06.2022

EXTENDED TO

21.06.2021



LANGUAGE

Working language:

English

(with possibility to work in native language in smaller groups)



FOLLOW-UP

We would be happy, if after the project you would share the info about the project and Erasmus+ possibilities with your friends

GOALS



During the project you will:

- build your own vision of what is inclusion for you and how leadership can be inclusive
- have a possibility to try leadership role voluntarily during one of the activities in a safe space of like-minded peers
- understand the difference between leaders and managers
- learn to consider the unique strengths of team members to succeed as a team
- learn EU opportunities for further leadership development

WE'RE LOOKING FOR

There will be 9 participants per country

= 8 young people (18 - 30 y.o.) and 1 leader (no age limit)

Countries: Germany, Portugal, Turkey

Selection criteria:

- Strong motivation and will to participate in the exchange;
- Wish to practice peer-to-peer education;
- The need to improve skills relating to the topic of the project;
- Interest in further development with Erasmus +

This project is for everybody regardless of experience. You can try yourself as a leader regardless of background, language skills and other barriers

INCLUSION + LEADERSHIP =

If ideas like:

- "i'm not good enough"
- "others are better than me"
- "people like me can't do that"
- "if I try, others will laugh at me" and similar -

stopped you from taking part in group activities - we feel you.

Mission of this Youth Exchange is to create a safe and inclusive space for people, who never had a leadership experience, to practice it and use it as a skill in future.

SOLUTION FROM INSIDE

We also want to explore how leadership is perceived:

- When somebody leads us, how do we feel?
- Which type of leaders feel good or bad to work with? And why?
- How can we give feedback to the leaders, so they will understand everybody's needs?

Knowing yourself, exchanging stories and experiences, brainstorming solutions can help to practice leadership for everyone.

TRAVEL & INSURANCE COSTS

You are expected to participate in all activities unless you are ill. Unfortunately, travel expenses will not be reimbursed if you have attended less than **90% of the programme**.

Before you book a flight, we kindly ask you to consult with the coordinating organisation. We ask you to keep all original invoices and boarding passes and to present them when settling your account!

- Germany up to 275 Euro (can be raised to 360 in some cases, to be discussed with organisation after your application is confirmed)
- Portugal up to 530 Euro
- Turkey up to 180 Euro

Travel costs can be higher, in case if you choose green travel with low-emissions means of transport for the main part of the travel, such as bus, train or car-pooling.

- Germany 320 Euro (can be raised to 410 in some cases, to be discussed with organisation after your application is confirmed)
- Portugal 610 Euro
- Turkey 210 Euro

Additional travel costs related to disabilities or other health problems can be provided upon request.



LOCATION: DÖRT KİŞİLİK ODA

Adress:

IHacı Yusuflar, Site Sk. No:3, 81650, Akçakoca/Düzce site

In the context of non-formal education, we feel it is useful to promote community-based living, so please be prepared to keep your room clean and comfortable.

You will be accommodated in 3-4 bedded rooms with participants of the same sex.

Bed linen and towels are provided.

You will receive 3 meals daily: Breakfast, lunch and dinner with vegetarian and vegan needs catered for.

Arrival day - 13.07- only dinner.

Departure day - 22.07 -only breakfast.

IMPORTANT

Please, note: we **do not welcome** alcoholic beverages during the project.



CCOVID-19 Regulations

As of 2.

Check **here** for the latest updates on COVID-19 situation in Turkey.

As of 2.06.2022 the conditions are:

- Turkish Ministry of Health announced on May 30, 2022 that masks are only required indoors in health institutions.
- Turkish Ministry of Interior announced on May 31, 2022 that passengers entering Turkey at all border gates will not be required to show negative PCR tests.

Participants from **Germany** and **Portugal** are required to have **medical insurance** that can cover COVID related measures in Turkey for all duration the project. like isolation

TO APPLY FILL IN THE FORM BELOW

LINK

CONTACTS:



For participants applying from



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CREDITS:

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