

The background features four spotlights at the top, each casting a beam of light down towards the center. The beams converge on the text below. At the bottom of the frame, there is a large, horizontal, glowing oval shape representing a stage floor.

Time for your Performance

Youth exchange

23.10.2022-01.11.2022

Berlin, Germany

**Improvisational
Theatre or Improv**
the plot, characters
and dialogue of a
game, scene or story
are made up
in the moment.





What will participants do?

Learn a variety of improv-methods, create an improv activity for other participants, and make a group performance

Goals & Learning outcomes

Participants will enhance



ability to express
themselves



understanding of
others



listening skills

Goals & Learning Outcomes

We hope that after this exchange you will:



1

Become more aware of how you feel and what you think deep inside of you about society, culture and politics around you.

2

Know and understand a set of European values, how they were created, why it is important to maintain them and know how to do it.

3

Feel more confident to express views on current societal challenges.

4

Explore connections between you and other participants.

5

Feel confident to speak up and act against injustices and situations you would like to change around you.

WANTED

Age:

4 participants 18-30 y.o. and 1 group leader 18+ per country

Countries:

Germany, Poland, Portugal, Serbia

Ideally you:

- have little or zero experience in theatre
- are interested in self-development and self-discovery
- sometimes ask yourself: Who am I? Where do I want to go?



Program



Time	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10
till 10:00	Arrival	Breakfast								
10:00		Introduction	Breathing / Mindfulness / Connection exercises		Excursion: Theater + city tour	Breathing / Mindfulness / Connection exercises				Departure
		Name games	Introduction to non-verbal improv. +improv about EU values (one group verbal, one nonverbal+reflection)	Introduction to object work+Introduction to para-verbal improv,		Introduction to creating improv shows	Show creation workshop / Erasmus Reimbursements	Show rehearsals and reflection	Reflection and Evaluation	
		Desires, contributions and challenges								
		Improv based teambuilding activities	Lunch & Free time	Lunch & Free time		Participants activities	Show creation workshop	Participants improv shows	Youth Pass ceremony+ Farewell activity: The memories we made	
13:00 - 15:00		Introduction to Breathing Mindfulness and Connection exercises								
		Introduction to verbal improv	Dinner	Dinner		Group photo / Tidying up the space together				
18:00		Reflection					Open Space			
18:30 - 19:30		Dinner								
21:00		Arrival	Welcome Evening: Getting to know the hosting organizations			Cultural Night				
	FREE TIME									

Please, note:
we do not welcome alcoholic
beverages during the project.

Accomodation

Adress: Indira-Gandhi-Straße 13, 13088 Berlin.



You will be accommodated in 4-6
bedded rooms with participants of
the same sex.
Bed linen and towels are provided.



We promote community-
based living,
so be prepared to keep your
room clean and comfortable
(no room service is
provided).



You will receive 3 meals daily:
breakfast, lunch and dinner with
vegetarian and vegan needs
catered for.

Selection process

The selection of participants will be done through cooperation of the hosting and sending organisations according to the participant profiles in the application form.

The selection will be finalised by the end of 24th of September 2022.

All applicants and participants, selected by sending organisations, **MUST** fill in this [APPLICATION FORM](#) [CLICK ON IT!!](#)



The international travel costs are covered according to the rules of ERASMUS+ Programme. Plan your travel to Berlin according to the limit in table on the left.

That means that your travel costs will be fully reimbursed up to the limit, what should be enough to get to Germany from all participating countries – therefore we expect that everybody will get back 100% of the travel.

If you spend less for your travel you will get exactly the amount you spent. If you spend more, you will get the amount from the table.

NOTE: Reimbursement of travel costs will only be done upon full attendance of the project. It will either be transferred to private accounts after receiving all the tickets and filling in the reimbursement form or will be given in cash on the last project day.

Reimbursement will be done in EURO, regardless of the currency indicated on your ticket and receipt/invoice.

Funding conditions

Project is financed under the „ERASMUS+ Programme, Key Action 1. 100% of accommodation and activity costs are covered by the programme.



COVID regulations

The entry regulations to Germany vary from country to country and are constantly changing.

So inform yourself about the regulations [here](#) before you buy your ticket and also from the start of your journey.

Our training will be conducted according to German Covid rules.

You need to be vaccinated, recovered or tested to take part in the project.

During the project, masks and disinfectants will be available to all participants if needed.



Travel

Travel costs can be higher, in case if you choose green travel with low-emissions means of transport for the main part of the travel, such as bus, train or car-pooling.

Country	Standard travel	Green travel
Germany	180	210
Poland	180	210
Portugal	360	410
Serbia	275	320



Contacts

Hosting Organisation

Chance International

WWW: <https://chance-berlin.org/contact>

E-mail: chance.international@chance-berlin.com

Phone: +49 176 62091741

Instagram: [@chance.international.berlin](https://www.instagram.com/chance.international.berlin)

Telegram: [@chance_international_berlin](https://www.telegram.com/@chance_international_berlin)

Sending organisations

Poland: Fundacja Autokreacja ([Fb](#) | [Inst](#))

Portugal: Young Squat ([Inst](#))

Serbia: Youth Alliance Serbia ([Fb](#) | [Inst](#) \ @)

The project is implemented within
the ERASMUS+ PROGRAMME:



The project is
carried out by



Facilitators



Martin Stollberg



Ivan Makarov